


April

MIAMI BEACH

Flamingo Park Senior Calendar

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>WATER AEROBICS 12:00PM - 1:00 PM</p> <p>WATER AEROBICS 7:00 PM - 8:00 PM</p>	<p>2 *Sign-up for Gulfstream Park and The Lion King</p> <p>DANCE FUSION 9:30 AM — 10:30 AM</p>	<p>3</p> <p>WATER AEROBICS 12:00PM — 1:00 PM</p>	<p>4</p> <p>DANCE FUSION 9:30 AM — 10:30 AM</p> <p>CHAIR AEROBICS 11:00 AM — 12:00 PM</p> <p>WATER AEROBICS 7:00 PM - 8:00 PM</p>	<p>5</p>
<p>8</p> <p>WATER AEROBICS 12:00PM - 1:00 PM</p> <p>WATER AEROBICS 7:00 PM - 8:00 PM</p>	<p>9</p> <p>DANCE FUSION 9:30 AM — 10:30 AM</p>	<p>10 *Trip to Gulfstream Park</p> <p>WATER AEROBICS 12:00PM — 1:00 PM</p>	<p>11</p> <p>DANCE FUSION 9:30 AM — 10:30 AM</p> <p>CHAIR AEROBICS 11:00 AM — 12:00 PM</p> <p>WATER AEROBICS 7:00 PM - 8:00 PM</p>	<p>12</p>
<p>15</p> <p>WATER AEROBICS 12:00PM - 1:00 PM</p> <p>WATER AEROBICS 7:00 PM - 8:00 PM</p>	<p>16 *Sign-up for Butterfly World</p> <p>DANCE FUSION 9:30 AM — 10:30 AM</p>	<p>17</p> <p>WATER AEROBICS 12:00PM — 1:00 PM</p>	<p>18</p> <p>DANCE FUSION 9:30 AM — 10:30 AM</p> <p>CHAIR AEROBICS 11:00 AM — 12:00 PM</p> <p>WATER AEROBICS 7:00 PM - 8:00 PM</p>	<p>19</p>
<p>22</p> <p>WATER AEROBICS 12:00PM - 1:00 PM</p> <p>WATER AEROBICS 7:00 PM - 8:00 PM</p>	<p>DANCE FUSION 9:30 AM — 10:30 AM</p>	<p>24 *Trip to Butterfly World</p> <p>WATER AEROBICS 12:00PM — 1:00 PM</p>	<p>25</p> <p>DANCE FUSION 9:30 AM — 10:30 AM</p> <p>CHAIR AEROBICS 11:00 AM — 12:00 PM</p> <p>WATER AEROBICS 7:00 PM - 8:00 PM</p>	<p>26</p>
<p>29</p> <p>WATER AEROBICS 12:00PM - 1:00 PM</p> <p>WATER AEROBICS 7:00 PM - 8:00 PM</p>	<p>30</p> <p>DANCE FUSION 9:30 AM — 10:30 AM</p>			<p><i>Revised 2/8/19</i></p>

General Information:

Classes, programs and workshops offered by Miami Beach Parks and Recreation

- **Water Aerobics** - Every Monday 12:00pm - 1:00pm, 7:00pm - 8:00pm
Every Wednesday 12:00pm - 1:00pm, Every Thursday 7:00pm - 8:00pm.
- **Dance Fusion** - Every Tuesday & Thursday, 9:30am - 10:30am
- **Chair Aerobics** - Every Thursday, 11:00am - 12:00am
- **Fitness Center** - Monday-Friday, 8:30am - 3:00pm (free to members)
Saturday-Sunday 9:00am-3:00pm

Kevin Cobas: KevinCobas@miamibeachfl.gov

Julissa Reyes: Julissareyes@miamibeachfl.gov

Flamingo Park: (305)673-7779

*Schedules subject to change. Please call (305)673-7779
for most updated information.*

To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service)

EVENTS & FIELD TRIPS * SIGN UP at SRYC

Trip 1 - Gulfstream Park

(Max: 20) Wednesday, April 10th, 2019 (FREE)

Bus leaves Flamingo Park @9:30pm

Returns to Flamingo Park @ 3:30pm

Sign-up starts Tuesday, April 2nd, 2019

"Lunch NOT included "

Sign-up starts Tuesday, April 2nd, 2019

TRIP 2- Butterfly World

(Max: 20 people) Wednesday, April 24th, 2019 (Cost: \$15)

Bus leaves Flamingo Park @ 9:00am

Returns to Flamingo Park @ 4:00pm

"Lunch IS included "

Sign-up starts Tuesday, April 16th, 2019

TRIP 1 - Lion King at The Adrienne Arsht Center

(Max: 18 people) May 9th, 2019 (\$25.00)

Bus leaves Flamingo Park @ 12:00am

Returns to Flamingo Park @ 3:30pm

"Lunch NOT included "

Sign-up started Tuesday, April 2nd, 2019

