


MARCH

MIAMI BEACH

Flamingo Park Senior Program

Mon	Tue	Wed	Thu	Fri
2 Sign up for all Field Trips <u>DANCE FUSION</u> 9:30 AM — 10:30 AM <u>WATER AEROBICS</u> 12:00PM - 1:00 PM <u>WATER AEROBICS</u> 7:00 PM - 8:00 PM	3 <u>CHAIR YOGA</u> 9:30 AM — 10:30 AM	4 <u>DANCE FUSION</u> 9:30 AM — 10:30 AM <u>CHAIR AEROBICS</u> 10:45 AM — 11:45 PM <u>WATER AEROBICS</u> 12:00PM — 1:00 PM	5 Seniors Got Talent <u>WATER AEROBICS</u> 7:00 PM - 8:00 PM	6
9 <u>DANCE FUSION</u> 9:30 AM — 10:30 AM <u>WATER AEROBICS</u> 12:00PM - 1:00 PM <u>WATER AEROBICS</u> 7:00 PM - 8:00 PM	10 <u>CHAIR YOGA</u> 9:30 AM — 10:30 AM	11 <u>DANCE FUSION</u> 9:30 AM — 10:30 AM <u>CHAIR AEROBICS</u> 10:45 AM — 11:45 PM <u>WATER AEROBICS</u> 12:00PM — 1:00 PM	12 <u>WATER AEROBICS</u> 7:00 PM - 8:00 PM	13 Trip to Orchid Festival
16 <u>DANCE FUSION</u> 9:30 AM — 10:30 AM <u>WATER AEROBICS</u> 12:00PM - 1:00 PM <u>WATER AEROBICS</u> 7:00 PM - 8:00 PM	17  <u>CHAIR YOGA</u> 9:30 AM — 10:30 AM	18 <u>DANCE FUSION</u> 9:30 AM — 10:30 AM <u>CHAIR AEROBICS</u> 10:45 AM — 11:45 PM <u>WATER AEROBICS</u> 12:00PM — 1:00 PM	19 <u>WATER AEROBICS</u> 7:00 PM - 8:00 PM	20 
23 <u>DANCE FUSION</u> ***CANCELLED*** <u>WATER AEROBICS</u> 12:00PM - 1:00 PM <u>WATER AEROBICS</u> 7:00 PM - 8:00 PM	24 <u>CHAIR YOGA</u> ***CANCELLED***	25 <u>DANCE FUSION</u> ***CANCELLED*** <u>CHAIR AEROBICS</u> ***CANCELLED*** <u>WATER AEROBICS</u> 12:00PM — 1:00 PM	26 <u>WATER AEROBICS</u> 7:00 PM - 8:00 PM	27 Trip to Youth Fair
30 <u>DANCE FUSION</u> 9:30 AM — 10:30 AM <u>WATER AEROBICS</u> 12:00PM - 1:00 PM <u>WATER AEROBICS</u> 7:00 PM - 8:00 PM	31 <u>CHAIR YOGA</u> 9:30 AM — 10:30 AM			28 Revised: 02/21/2020

or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service)

EVENTS & FIELD TRIPS

Event 1– Seniors Got Talent

Thursday, March 5, 2020

Miami Beach Convention Center

Grand Ballroom A

Bus leaves @ 5:00pm

Returns @ 9:00pm

Trip 1 - Orchid Festival (\$10)

Friday, March 13, 2020

Bus leaves @ 9:00am

Returns @ 4:00pm

Sign-up starts March 2, 2020

Trip 2– Youth Fair

Friday, March 27, 2020

Bus leaves @ 10:30am

Returns @ 5:00pm

Sign-up starts March 2, 2020

Kevin Cobas: KevinCobas@miamibeachfl.gov

Flamingo Park: (305)673-7779

Schedules subject to change. Please call (305)673-7779

for most updated information.

