

The City of Miami Beach Park & Recreation Division strives to be a nut free environment and wants to inform you about our **Nut Free Camp Program**. It is an issue that needs to be taken quite seriously because of its extremely dangerous consequences.

Nut allergies can be life threatening. It takes only the slightest smell, touch, or ingestion of peanuts, peanut butter, peanut oil, a product that 'may contain trace amounts of peanuts' or a product that has been 'processed in a plant that also manufactures peanut products', to cause a potential anaphylactic reaction. This can happen so easily – the hands of a friend who has just finished a peanut butter and jelly sandwich, or cookies from a bakery baked on the same pan as a peanut butter cookie. Again, it only takes the slightest smell, touch, or ingestion.

We are asking all of you to please keep this in mind when sending lunches, birthday treats, or any other snacks to camp. If you can take a few seconds to read the labels of any prepackaged product, or to pick up the phone and give us a quick call with any questions, it would be greatly appreciated.

Thank you for your cooperation.

