





MIAMI BEACH

Scott Rakow Youth Center Senior Calendar

Mon	Tue	Wed	Thu	Fri
2 <u>Chair Aerobics:</u> 8:45am - 9:45am	3 <u>Tai Chi:</u> 8:45am - 9:45am	4 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 am - 12:00 pm	5 <u>Tai Chi:</u> 8:45am - 9:45am	6 <u>Chair Yoga:</u> 10:00am—11:00am
9 <u>Chair Aerobics:</u> 8:45am - 9:45am	10 <u>Tai Chi:</u> 8:45am - 9:45am	11 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 am - 12:00 pm	12 <u>Tai Chi:</u> 8:45am - 9:45am	13 <u>Chair Yoga:</u> 10:00am - 11:00am
16 <u>Chair Aerobics:</u> 8:45am - 9:45am	17 <u>Tai Chi:</u> 8:45am - 9:45am	18 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 am - 12:00 pm	19 <u>Tai Chi:</u> 8:45am - 9:45am	20 <u>Chair Yoga:</u> 10:00am - 11:00am
23 <u>Chair Aerobics:</u> 8:45am - 9:45am	24 <u>Tai Chi:</u> 8:45am - 9:45am	25 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 am - 12:00 pm	26 *Jungle Queen Trip* <u>Tai Chi:</u> 8:45am - 9:45am	27 <u>Chair Yoga:</u> 10:00am - 11:00am
30 	31 <u>Tai Chi:</u> 8:45am - 9:45am			<i>Revised 4/19/22</i>

CLASSES, EVENTS & FIELD TRIPS

Monday: Chair Aerobics 8:45 am – 9:45 am

Tuesday: Tai Chi 8:45 am – 9:45 am

Wednesday: Dance Fusion 8:45 am – 9:45 am

Mahjong 10:00 am – 12:00 pm

Thursday: Tai Chi 8:45 am – 9:45 am

Friday: Chair Yoga 10:00 am – 11:00 am

Please visit miamibeachparks.com to see all senior program offerings at various city facilities.

For more information or questions please contact:

Scott Rakow Youth Center

2700 Sheridan Ave, Miami Beach, FL | 305-673-7767

Kevin Cobas: kevincobas@miamibeachfl.gov

****Schedules subject to change.***

To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service).

General Information:

TRIP 1 - Jungle Queen

(Max: 40 people) May 26, 2022 (\$20.00 per person)

Bus leaves North Shore Park @ 3:30pm

Returns to North Shore Park @ 11:00pm

“Dinner is included”

Sign-up starts Wednesday, April 27th, 2022

DATES CLOSED FOR SENIOR PROGRAMMING:

Monday, May 30th

(Memorial Day)