



## Life Safety Program Empowers Youth

Dr. Leslie Rosenfeld

The Fire Department Youth Outreach program offers the following Life Safety workshops for Miami Beach youth:

- First Aid Awareness
- Cardio Pulmonary Resuscitation (C.P.R.)
- Safe Sitter Program
- Fire Safety and Evacuation
- Pool and Open Water Safety
- Teen Anti-DUI "Cheat the Reaper" Program
- Injury Prevention
- Blood Pressure Screenings and Awareness
- Child Passenger Safety Belt Awareness
- Healthy Eating and Nutrition
- Exercise for All

As more and more parents find they have to work longer hours to make ends meet, many youth must "step in" for parents who are "stepping out."

The Miami Beach Fire Department's Youth Outreach Program – part of the City's Education Compact – offers a variety of life safety presentations at recreational facilities throughout the year in

an effort to improve youth safety.

Youth life safety workshops provide a long-term investment for Miami Beach, helping reduce injuries and providing a safer environment for young adolescents, especially latchkey children who supervise younger siblings and friends.

Seven-year-old Mia Viacava recently attended an after-school workshop for youth on first aid awareness, which took place at Flamingo Park.

"I learned about blood pressure and what to do if I have a boo-boo, especially how to apply pressure and use a band-aid," said Viacava, who had the opportunity to meet the firefighter paramedics.

According to Miami Beach Fire Department officials, children who participate in these programs are more safety conscious and better prepared to handle additional responsibilities.

"I am especially proud of the user-friendly format of our youth life safety workshops, the thoroughness and the community outreach benefits," stated Fire Chief Javier Otero. "Not only do our life safety presentations have the usual first aid components, but they also provide valuable information for youth to identify and prevent situations that could lead to fires, injuries or other emergencies."

Amira McCormick, an eight-year-old who participating in the first aid program, said she feels prepared to handle emergencies.

"I learned how to make an arm sling," she said.

"I now know how important it is to call 911 in an emergency."

For more information on upcoming Beach Fire Department life safety workshops for youth ages five to 18, please visit the City's website and click on the Education tab.

Zoey Rolan, Roger Garcia, Igrait Wyssa, Emilee Vinaz, Ninaska Ossorio with Fire Lt Arielys Perez

## Una juventud consciente da la seguridad

Cada vez más familias tienen que apretarse el cinturón y trabajar por más horas. Mientras tanto, muchos chicos tienen que estar "presentes" cuando los padres están "ausentes".

El programa de participación juvenil del Departamento de Bomberos de Miami Beach, que forma parte del Paquete Educativo de la Ciudad, mejora considerablemente la seguridad de los más jóvenes y las relaciones comunitarias al ofrecer durante todo el año, en centros de recreación, una variedad de presentaciones sobre seguridad vital. Recientemente, chicos y chicas de Miami Beach participaron en un taller en Flamingo Park para aprender sobre primeros auxilios.

Mia Viacava, una pequeña de 7 años que participa en actividades extraescolares en Flamingo Park, tuvo la oportunidad de conocer a los paramédicos del cuerpo de bomberos. "Aprendí qué es la presión arterial, y qué hacer si tengo una herida; en especial, cómo aplicar presión y usar una curita", contó Mia.

La participación en estos talleres asegura que los chicos sean más conscientes de la seguridad y estén preparados para asumir más responsabilidades.

"Me siento muy orgulloso de lo abordables que son nuestros talleres de seguridad vital para los chicos, de lo completos que son y de sus beneficios al alcance de la comunidad. Nuestras presentaciones sobre seguridad vital no solo tienen los componentes habituales de primeros auxilios, sino que también brindan información valiosa a los jóvenes para identificar y prevenir situaciones que podrían provocar incendios, lesiones y otras emergencias", compartió, Javier Otero, jefe de bomberos.

"Gracias al programa de primeros auxilios, estoy mejor preparada para una emergencia, y también aprendí a hacer cobertillos. Ahora sé lo importante que es llamar al 911 en caso de emergencia", cuenta Amira McCormick, de 8 años.

Muchos niños que ya están en edad para tener llaves de la casa cuidan activamente a amigos y hermanos menores. La participación en estos talleres de seguridad vital dirigidos a los jóvenes es una inversión a largo plazo para disminuir lesiones y brindar a los chicos de Miami Beach un entorno más seguro.

Para más información sobre los próximos talleres de seguridad vital organizados por el Departamento de Bomberos para chicos de 5 a 18 años, visite el sitio web de la Ciudad y haga clic en la pestaña "Education".

### COMPACT UPDATE

#### Miami Beach Chamber Donates to IB Program

The Miami Beach Chamber of Commerce's Education Foundation raised \$10,000 from their annual golf tournament to support the International Baccalaureate (IB) program implementation. The chamber has a long history of involvement and support of education. The donation only partially funds the IB program, which is available to all Miami Beach public school students.

#### Mobile Pediatric Clinic

The University of Miami Pediatric Mobile Clinic in support of the City of Miami Beach Education Compact will be visiting recreational facilities to provide comprehensive health care services free-of-charge to youth in our community who do not have medical insurance. The clinic will be open from 8:30 a.m. to 3:00 p.m. To make an appointment for any of the dates/times below, please call 305.243.6407.

May 9	North Shore Park & Youth Center   501 72 ST
May 29	Flamingo Park   11 ST & Jefferson Ave (PAJ)
June 5	North Shore Park & Youth Center   501 72 ST
June 19	Flamingo Park   11 ST & Jefferson Ave (PAJ)
July 10 & 25	City Hall   1700 Convention Center Dr

**MB Parent Program** Take time to participate in an array of parent education workshops offered in partnership with Miami-Dade County Public Schools, The Parent Academy. Learn more about improving your child's organizational skills and community/curriculum connections. Join us for an informational workshop.

**May 7 4:45 PM – 6:00 PM**

**Dancing Your Way to a Healthy Life**  
Flamingo Park | 11 ST & Jefferson Ave (PAJ)

#### International Baccalaureate (IB) Program Authorization

As part of the City's Education Compact, the City has funded the implementation of the IB in every public school in Miami Beach. As of February 2013, all Miami Beach public schools, including neighboring Treasure Island Elementary, are IB authorized World Schools.

#### Seeking International Information

Keep your Miami Beach public schools in mind as you travel abroad and help bring the world to our local students. Bring back brochures, maps, menus, etc. Contact your home school for more details. To learn more, visit [miamibeachfl.gov](http://miamibeachfl.gov) and click on the Education tab.