

# January

# MIAMI BEACH

Flamingo Park Senior Program

Mon	Tue	Wed	Thu	Fri
2 <b>NO CLASSES</b>	3 <b>NO CLASSES</b>	4 <b>NO CLASSES</b>	5 <b>NO CLASSES</b>	6 Three Kings Event @NSPYC <b>NO CLASSES</b>
9 <u>Water Aerobics</u> 12:00pm - 12:45pm	10 <u>Dance Fusion</u> 9:00am - 10:00am	11 <u>Water Aerobics</u> 12:00pm - 12:45pm	12 <u>Chair Aerobics</u> 9:00am - 10:00am	13 <u>Tai-Chi</u> 9:00am - 10:00am
16 	17 <u>Dance Fusion</u> 9:00am - 10:00am	18 <i>*Sign-up for Pirate Show*</i> <u>Water Aerobics</u> 12:00pm - 12:45pm	19 <u>Chair Aerobics</u> 9:00am - 10:00am	20 <u>Tai-Chi</u> 9:00am - 10:00am
23 <b>NO CLASSES</b>	24 <u>Dance Fusion</u> 9:00am - 10:00am	25 <u>Water Aerobics</u> 12:00pm - 12:45pm	26 <u>Chair Aerobics</u> 9:00am - 10:00am	27 <u>Tai-Chi</u> 9:00am - 10:00am
30 <u>Water Aerobics</u> 12:00pm - 12:45pm	31 <u>Dance Fusion</u> 9:00am - 10:00am			<i>Revised 12/22/22</i>

## General Information and classes :

- ◆ Monday: **Water Aerobics - 12:00pm - 12:45pm**
- ◆ Tuesday: **Dance Fusion - 9:00am - 10:00am**
- ◆ Wednesday: **Water Aerobics - 12:00pm - 12:45pm**
- ◆ Thursday: **Chair Aerobics - 9:00am - 10:00am**
- ◆ Friday: **Tai Chi - 9:00am - 10:00am**

**Kevin Cobas: KevinCobas@miamibeachfl.gov**

**Flamingo Park: (305)673-7779**

***Schedules subject to change.***

*To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service)*

## EVENTS & FIELD TRIPS \* SIGN UP at Flamingo

> EVENT - Three Kings Celebration ( FREE ) <

**North Shore Park Youth Center**

**January 6th 5:00pm - 8:00pm**

**Field Trip 1– The Pirates Daughter Show (FREE)**

**Sunday January 29th 2022**

**Bus leaves at 2:00 pm**

**Bus returns at 6:00 pm**

**\*LUNCH NOT INCLUDED\***

**\*Sign up starts Wednesday January 18th 2022\***