

MIAMI BEACH

Scott Rakow Youth Center

Mon	Tue	Wed	Thu	Fri
		1 *Sign up for Morikami Gardens* <u>Dance Fusion</u> 9:00am - 10:00am	2 <u>Tai-Chi</u> 9:00am - 10:00am	3
		6 <u>Chair Aerobics</u> 9:00am - 10:00am	7 <u>Tai-Chi</u> 9:00am - 10:00am	8 <u>Dance Fusion</u> 9:00am - 10:00am
13 <u>Chair Aerobics</u> 9:00am - 10:00am	14 <u>Tai-Chi</u> 9:00am - 10:00am	15 *Trip to Morikami Gardens* <u>Dance Fusion</u> 9:00am - 10:00am	16 <u>Tai-Chi</u> 9:00am - 10:00am	17
20 	21 <u>Tai-Chi</u> 9:00am - 10:00am	22 <u>Dance Fusion</u> 9:00am - 10:00am	23 <u>Tai-Chi</u> 9:00am - 10:00am	24
27 <u>Chair Aerobics</u> 9:00am - 10:00am	28 <u>Tai-Chi</u> 9:00am - 10:00am			Revised 1/24/23

General Information and classes :

- ◆ Monday: **Chair Aerobics - 9:00am - 10:00am**
- ◆ Tuesday: **Tai Chi - 9:00am - 10:00am**
- ◆ Wednesday: **Dance Fusion - 9:00am - 10:00am**
- ◆ Thursday: **Tai Chi - 9:00am - 10:00am**

For more information or questions please contact:

Scott Rakow Youth Center

2700 Sheridan Ave, Miami Beach, FL. 305-673-7767

Kevin Cobas: Kevincobas@miamibeachfl.gov

****Schedules subject to change****

To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service).

> EVENT - Art Gallery Night (FREE) <

Unidad Senior Center

February 8th 6:00pm - 8:00pm

Snacks, Refreshments and Art Exhibit

Field Trip 1– Morikami Japanese Gardens(FREE)

Wednesday February 15th 2023

Bus leaves at 9:00am

Bus returns at 3:00 pm

LUNCH NOT INCLUDED

Sign up starts Wednesday February 1st 2023