


MIAMIBEACH

OFFICE OF THE CITY MANAGER
NO. LTC # 188-2023

LETTER TO COMMISSION

TO: Honorable Mayor Dan Gelber and Members of the City Commission

FROM: Alina T. Hudak, City Manager 

DATE: April 25, 2023

SUBJECT: Nurse Enhancement Initiative Behavioral/Mental Health Services Summary Report

The purpose of this Letter to Commission is to update the Mayor and City Commission on the status of our Nurse Enhancement Initiative for Behavioral Health/Mental Health youth support services from August 2022 through April 2023 for North Beach Elementary, Miami Beach South Pointe Elementary, Miami Beach Fienberg Fisher K-8, Biscayne Beach Elementary, Treasure Island Elementary, Ruth K. Broad Bay Harbor K-8 Center, Miami Beach Nautilus Middle School, and Miami Beach Senior High School.

Overall, **148** youth received **1,074 mental health support sessions** in the 2022-2023 school year through April 18, 2023 from the Licensed Clinical Social Worker (Social Worker) in all Miami Beach feeder public schools. The below provides the number of sessions provided to youth at each Miami Beach feeder school receiving services during the 2022-23 school year:

| School Name | # of youth mental health sessions |
|---------------------------------------|-----------------------------------|
| • Miami Beach Senior High School | 773 |
| • Miami Beach Nautilus Middle School | * |
| • Miami Beach Fienberg Fisher K-8 | * |
| • Miami Beach South Pointe Elementary | * |
| • North Beach Elementary | 101 |
| • Biscayne Beach Elementary | * |
| • Treasure Island Elementary | 48 |
| • Ruth K. Broad K-8 Center | 152 |

The enhanced behavioral services provide on-site access to a licensed clinical social worker to provide services including, but not limited to, the following:

- Academic Issues
- Attention Issues
- Anger Management
- Anxiety
- Attention Issues
- Disruptive Behavior
- Depression
- Stress Management
- Family Issues

The following schools received support through this initiative for the indicated number of days per week during the 2022-23 school year: Treasure Island Elementary one (1) day per week, North Beach Elementary two (2) days per week, Ruth K. Broad K-8 Center two (2) days per week, and Miami Beach Senior High School five (5) days per week. *Services were not provided to some schools through this initiative in the 2022-23 school year due to staffing challenges of our partners: Miami Beach South Pointe Elementary, Miami Beach Fienberg Fisher K-8, Miami Beach Nautilus Middle School, and Biscayne Beach Elementary.

Staff from the Office of Education and Performance Initiatives will be reaching to municipal partners to determine interest in sustaining the Nurse Enhancement Initiative in the 2023-24 school year. Furthermore, alternate service models are being explored to fill the open mental health professional position for the 2023-24 school year to ensure services are available for all youth.

The Miami Beach public school community may reach the mental health professionals directly using the information provided below during the school year:

Ashley Silverio
James Moore

Email: Asilverio@borinquenhealth.org
Email: Jmoore@borinquenhealth.org

This initiative supports our strategic priority to be known for educational (K-12) excellence. If you have any questions, please feel free to contact me or Dr. Leslie Rosenfeld, Chief Education Officer.

Attachments

JG/LDR

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Dr. Leslie Rosenfeld, Chief Education Officer

MENTAL HEALTH SERVICES

FINDING PEACE OF MIND

The City of Miami Beach, through our Education Compact with Miami-Dade County Public Schools, continues to provide mental health support services for all Miami Beach public school children through The Children's Trust and Borinquen Medical Center.

SERVICES

A mental health professional is now available to provide individual telephonic support for any child or family in need with services included but not limited to:

- Anxiety
- Depression
- Stress Management
- Family Issues

1 in 3

Children suffer developmental or behavioral disabilities that limit their health and school performance.



Behavioral health issues can affect a student's performance, increase truancy, school dropout rates, and difficulties in learning.



If you are in need of this service, please contact your child's behavioral health counselor.

Ashley Silverio: Asilverio@borinquenhealth.org
James Moore: Jmoore@borinquenhealth.org

To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service).

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SERVICIOS DE SALUD MENTAL

ENCONTRANDO TRANQUILIDAD

La Ciudad de Miami Beach, a través de nuestro Pacto de Educación con las Escuelas Públicas del Condado de Miami-Dade, continua prestando servicios de apoyo para la salud mental de todos los niños de las escuelas públicas de Miami Beach a través de "The Children's Trust" y el Centro Médico Borinquen.

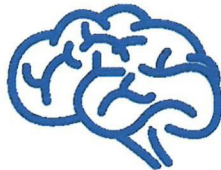
SERVICIOS

Un profesional de la salud mental está ahora disponible para proporcionar apoyo telefónico individual a cualquier niño o familia que lo necesite con servicios incluidos pero no limitados a:

- Ansiedad
- Depresión
- Manejo del estrés
- Asuntos familiares

1 de 3

Los niños sufren discapacidades de desarrollo o de comportamiento mentales que limitan su salud y su rendimiento escolar.



Problemas de salud mental pueden afectar el rendimiento del estudiante, aumentar ausentismo, porcentaje de abandono escolar, y dificultades en aprendizaje.



Si necesita este servicio, por favor llame o mande un correo al profesional de salud de comportamiento de su hijo.

Ashley Silverio: asilverio@borinquenhealth.org
James Moore: jmoore@borinquenhealth.org

Para solicitar este material en formato alternativo, intérprete de lenguaje de señas (5 días de aviso previo), información de acceso para personas con discapacidades, y/o cualquier ajuste para revisar documentos o participar en acontecimientos patrocinados por la ciudad, llame al 305.604.2489 y seleccione 2 para Español, luego la opción 6; usuarios de teléfonos de texto (TTY) pueden llamar a través del 711 [Servicio de retransmisión de la Florida].

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