



MIAMI BEACH

Carl Fisher Clubhouse (Summer Location)

Mon	Tue	Wed	Thu	Fri
1 <u>Dance Fusion</u> 8:30am - 9:30am	2 <u>Tai-Chi</u> 9:00am - 10:00am	3 <u>Dance Fusion</u> 8:30am - 9:30am	4 	5 <u>Yoga</u> 9:00am - 10:00am
8 <u>Dance Fusion</u> 8:30am - 9:30am	9 <u>Tai-Chi</u> 9:00am - 10:00am	8 <u>Dance Fusion</u> 8:30am - 9:30am	9 <u>Tai-Chi</u> 9:00am - 10:00am	10 <u>Yoga</u> 9:00am - 10:00am
15 <u>Dance Fusion</u> 8:30am - 9:30am	16 <u>Tai-Chi</u> 9:00am - 10:00am	13 <u>Dance Fusion</u> 8:30am - 9:30am	14 <u>Tai-Chi</u> 9:00am - 10:00am	15 <u>Yoga</u> 9:00am - 10:00am
22 <u>Dance Fusion</u> 8:30am - 9:30am	23 <u>Tai-Chi</u> 9:00am - 10:00am	24 <u>Dance Fusion</u> 8:30am - 9:30am	<u>Tai-Chi</u> 9:00am - 10:00am	<u>Yoga</u> 9:00am - 10:00am
29 <u>Dance Fusion</u> 8:30am - 9:30am	30 <u>Tai-Chi</u> 9:00am - 10:00am	31 <u>Dance Fusion</u> 8:30am - 9:30am		<i>Revised 6/24/24</i>

General Information and classes :

- Monday & Wednesday: Dance Fusion-8:30am-9:30am
- Tuesday & Thursday: Tai-Chi-9:00am-10:00am
- Friday: Yoga-9:00am-10:00am

Schedules subject to change

**Flamingo and Scott Rakow classes will be held at the
Carl Fisher Clubhouse
2100 Washington Avenue
Miami Beach, FL 33139**

For more information or questions please contact:

Senior Program Supervisor: Xavier Guerrero

xavierguerrero@miamibeachfl.gov 305.861.3616 Ext.6585

To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service).

EVENTS & FIELD TRIPS

> **EVENT - Floral Workshop(FREE) <**

Flamingo Park

999 11 ST Miami Beach, FL 33139

July 13, 2024 1:00pm - 2:00pm

Registration begins July 1, 2024

MB Seniors ages 55+ will enjoy a floral design workshop. Space is limited, and registration is required by visiting register.miamibeachparks.com